



2017
MOUNTAIN BIKE AUSTRALIA
XCM
NATIONAL SEASON

2017 XCM National Season Guidelines

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Mountain Bike Australia

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1 SCOPE

The following guidelines have been developed to assist competitors and event organisers in the delivery of the 2017 MTBA XCM National Series & 2017 XCM National Championships.

All guidelines must be followed when promoting any 2017 XCM National Season Event.

For further information please contact Mountain Bike Australia.

eventsadmin@mtba.asn.au | www.mtba.asn.au/event/xcmnationalseries

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2 DESCRIPTION

MTBA are pleased to facilitate the 2017 XCM National Season. The season will be made up of the seven (7) marathon National Series rounds and the Mountain Bike Australia 2017 XCM National Championships. Cross-Country Marathon follows closely to other disciplines of Cross-Country, with the major difference being the endurance aspect of a much longer event with less support.

2.1 MTBA 2017 XCM NATIONAL SERIES

ROUND 1:	26 th Feb	The Willo	Wingello State Forest, NSW
ROUND 2:	25 th Mar	Golden Triangle Epic	Bendigo, VIC
ROUND 3:	14 th -17 th Apr	Easters in the Alice	Alice Springs, NT
ROUND 4:	27 th -28 th May	Bayview Blast	Redland, QLD
ROUND 5:	19 th Aug	Dwellingup 100	Dwellingup, WA
ROUND 6:	9 th -10 th Sep	Flight Centre Epic	Grandchester, QLD
ROUND 7:	15 th Oct	Kowalski Classic	Kowen Forest, ACT

The 2017 XCM National Series is a project owned and managed by Mountain Bike Australia (MTBA). All events on the National Series are owned by the individual event organiser.

2.2 2017 XCM NATIONAL CHAMPIONSHIPS

April 29th-30th Townsville, QLD Townsville Rockwheelers Mountain Bike Club

The 2017 XCM National Championships is a project owned and managed by Mountain Bike Australia. MTBA will be partnering with Townsville Rockwheelers Mountain Bike Club in the delivery of this event.

3 GENERAL

- 3.1 Unless the category is UCI listed, all series rules in this document override and supersede the rules in 2011 National Technical Regulations which are used for the event. UCI-listed categories will adhere to the UCI regulations except where explicitly noted.
- 3.2 All riders are required to wear a helmet meeting AS2063 standards. Helmets must have a manufacturers mark stating its compliance with the Australian Standard. Helmets may be inspected at any time by a Commissaire.
- 3.3 At all times whilst at an MTBA event, riders must wear a helmet when they are on a bike.

4 ENTRY AND ELIGIBILITY

For the 2017 XCM National Series, entry fees will be determined by the individual event organiser. <http://www.mtba.asn.au/event/xcmnationalseries>
Availability of entry is at the discretion of the event organiser.

Entry fees for the 2017 MTBA XCM National Championships will be determined by MTBA. <http://www.mtba.asn.au/event/xcmnationalchamps>

Onsite entry will be available the day before the scheduled race start, however will attract a late fee of \$25. Riders will be able to collect their plates and rider information until 2 hours before the scheduled race start.

4.1 2017 XCM NATIONAL SERIES

- 4.1.1** Eligibility for overall series prizes and awards have been published in the 2017 MTBA Prizemoney & Awards Guide available for download from the MTBA website.

To be eligible for overall National Series prizes and awards, riders must compete in a minimum of four (4) rounds of the 2017 XCM National Series. In all categories, a riders' top four (4) results will count towards series points.

- 4.1.2** To accumulate National Series points and be eligible for National Series prizes and awards, riders must enter and participate in the longest distance event offered for their respective category. I.e where an event organiser offers both 100km and 50km events for a single category, only the 100km category would be considered part of the XCM National Series and eligible for National Series point allocation.

- 4.1.3** In accordance with MTBA Policy, the Junior (17-18 yrs) category will ride half marathon distance.

- 4.1.4** MTBA will recognise the following categories in the 2017 XCM National Series:

- Elite Men and Women (19yrs +)
- Expert Men and Women (19-29yrs)
- Junior Men and Women (17-18yrs)
- Masters 1&2 Men and Women (30-39yrs)
- Masters 3&4 Men and Women (40-49yrs)
- Masters 5&6 Men and Women (50-59yrs)
- Masters 7+ Men and Women (60yrs and older)

- 4.1.5** Age for all categories will be calculated based on rider's age at 31st December 2017.

4.2 2017 MTBA XCM NATIONAL CHAMPIONSHIPS

To register and participate in the 2017 XCM National Championships, riders must hold a valid MTBA Race Membership. MTBA members on a Recreation Membership can purchase a discounted Race Day Licence at the time of registering.

4.3 XCM LEGENDS

MTBA will introduce a recognition program from 2017, acknowledging riders who participate in five (5) or more rounds of the XCM National Series. Eligible riders will be recognised with “Legend” status, including recognition on the MTBA website and a customized clothing memento. Riders who participate in all seven (7) XCM National Series rounds in 2017 will receive discounted entry into the 2018 MTBA XCM National Championships.

To be eligible, riders must enter and participate in the longest distance event offered for their respective category in each round of the XCM National Series.

5 RACING

5.1 NUMBER ALLOCATION

MTBA recommend categories are allocated distinct number ranges to assist marshalling and confirming finish order.

5.2 JERSEYS

5.2.1 2016 Australian Champions may wear either the UCI registered design of green and gold band, cuffs and collars with gold arms, or a jersey design as awarded.

5.2.2 Riders who have won a National Championship are eligible to wear the previous champion stripes on their jersey cuffs and collars. However, this may only be worn in the discipline, speciality and category in which it was earned.

5.2.3 An exception is made to any rider who has previously won a National Championship in the Elite Men or Elite Women category. These riders will be permitted to wear the former champion cuffs and collar in any Masters category of the same speciality.

5.3 SEEDING AND START ORDER

5.3.1 Seeding priority on the start line should be given to the following ranges in categories:

- Top 20 riders in Elite Men
- Top 10 riders in Elite Women
- Top 10 riders in Junior Men
- Top 5 riders in Junior Women
- Top 10 riders in all other Men’s categories
- Top 5 riders in all other Women’s categories

5.3.2 Categories should be started to allow lead riders to have as clear a track as possible. MTBA recommends the following category start order:

- Elite Men
- Elite Women
- Other Male full marathon categories
- Other Female full marathon categories
- Other full marathon support categories
- Junior Men
- Junior Women
- Other half marathon support categories

5.3.3 MTBA recommend complete categories are started in a wave. It is the riders' responsibility to ensure they are in the correct wave. Riders who start in the incorrect wave should be disqualified.

5.3.4 As a guide, a minimum of a three minute gap will be used between waves, allowing time for seeded riders to be called up. An additional one (1) minute spacing should be added for every 75 riders in the wave prior. So, for example, a category with 220 starters *should* have a 6 minute gap after it. This is to allow the field to sufficiently string out before the leaders of the next group are able to catch the tail of this field.

6 RIDER BRIEFING

Every MTBA event must hold a rider briefing prior the race commencing and attendance is compulsory. Changes to the rules, course, timetable etc and details of course marking, feed stations and assistance locations will be communicated at this briefing. Non-attendance of the rider briefing will not be accepted as an excuse for any rule violation by any rider. Failure to attend the rider briefing may result in rider not being permitted to start the event.

7 COURSE

7.1 Courses should be clearly marked. Course maps will be available at registration. Where separate loops are used, different coloured arrows will be utilised. It is the rider's responsibility to follow the correct course.

7.2 XCM are endurance events and as such riders are expected to be self-sufficient. MTBA recommends riders carry:

- Adequate water for hydration
- Basic first aid kit
- Spare tube and tools to repair
- Adequate food

7.3 A rider who comes across an injured rider must stop and render assistance. The assisting rider should stay with the injured rider until assistance arrives. They should inform the next rider to pass to advise the next race official to send assistance. Time will be credited the assisting rider so their race will not be affected.

7.4 Feed zones are offered at the discretion of the event organiser. Zones will be defined as either:

- Feed Zones
- Feed and Technical Zones
- Neutral Feed Zones
- Neutral Feed and Technical Zones

The explicit difference between a neutral zone is that competitors may not leave their own personal equipment, including food, bottles, spare parts or tools at neutral points, and may only make use of shared resources which are provided by the event organiser or event sponsors.

- 7.5** Regular feed and technical zones are permitted to be accessed by helpers. In addition, riders may be given the opportunity to have bottles or other food/technical supplies delivered to the feed/technical zone by the event organisers (“Bottle drop”).

If a bottle drop is available, organisers must publish no later than 48 hours prior to the event the close-off time for items to be left. Items left for collection must be clearly labelled, and it is the rider’s responsibility to ensure items can be identified both by the rider and marshals.

Bottles are to be returned to the bottle drop point at the conclusion of the event, but no sooner than the sweep rider has passed the checkpoint for the final time.

- 7.6** Maximum allowable times to complete segments of the race may be defined by the race organiser, and should be made available in the schedule no more than one week prior to the race. These points and times must indicate both the complete course distance completed by that point, and the time of day by which it must be reached.

The Chief Commissaire may elect to modify these cut-off times prior to the race starting.

These times are the point at which any rider approaching that point will be removed from the race. When a rider is removed from the race they will be recorded as a finisher and given a finish position above all riders recorded as a DNF.

- 7.7** XCM racing allows us to ride into remote, backcountry areas of natural beauty. It is of the utmost importance that all riders respect their environment and consider the impact they leave behind for the local riding community. The below rules have been put in place to protect our trails and our riding environments.

- No disposable goggle tear offs are allowed to be used
- The disposal of food packaging on the trail is strictly prohibited. This will result in disqualification. Repeat offences may warrant a license suspension.
- Replaced tubes must be carried with the rider should they ever need to change a tube. As with the disposal of food, non-compliance will be seen as littering and result in disqualification.
- Riders must not store food and drinks on the trail (Food Stashes), and may only do so at allocated feed zones. Packaging left behind and uncontrolled food supplies may have a serious impact on local wildlife and the local environment. Any rider found to be hiding or retrieving foods from unofficial feed stations will be penalized.

8 SAFETY

FIRST AID + EVACUATION

- A Medical Plan and location of the First Aid Base will be available at race headquarters.
- Medical staff should carry a first aid qualification and meet the standards required in the given territory of the event.

- Where another rider believes another competitor is injured on course, they should alert the next race official/marshal they see.

9 PODIUMS

9.1 The time of any podium presentation will be published in the event schedule. In rare cases a change may be required and this change will be broadly communicated at the race start. Individual event prizes are provided at the discretion of the event organiser. All riders who place 1st to 5th in Elite, or 1st to 3rd in any other category are required to be present at presentations. Non-attendance will result in forfeiture of any prizes. Repeat offences will result in forfeiture of series points.

Eligibility for overall series prizes and awards have been published in the 2017 MTBA Prizemoney & Awards Guide available for download from the MTBA website.

10 SERIES POINTS

The MTBA XCM National Series will operate under the following scoring system. Points will be awarded to the all finishers at each of the series races and the final standings will be based on the total points earned in the series. In the event of a tie the winner will be determined by the competitor who has the most highest places. If a tie remains the series winner will be determined by the competitor with the best placing in the most recent round.

Position	Points	Position	Points	Position	Points	Position	Points	Position	Points
1st	200	11th	70	21st	60	31st	50	41st	40
2nd	160	12th	69	22nd	59	32nd	49	42nd	39
3rd	140	13th	68	23rd	58	33rd	48	43rd	38
4th	125	14th	67	24th	57	34th	47	44th	37
5th	110	15th	66	25th	56	35th	46	45th	36
6th	95	16th	65	26th	55	36th	45	46th	35
7th	90	17th	64	27th	54	37th	44	47th	34
8th	85	18th	63	28th	53	38th	43	48th	33
9th	80	19th	62	29th	52	39th	42	49th	32
10th	75	20th	61	30th	51	40th	41	50th	31
								51 st -~	30
								DNF	20

Series results will be published within 24hrs of the completion of an event weekend and be available online at www.mtba.asn.au/results